

PARTNERS FOR YOUTH EMPOWERMENT

Transforming Bias Into Strength | Looking through the Indigenous Lens

Creative Catalyst Workshop Series | October 13, 2020 | Kelly Terbasket

Transforming Bias Into Strength

We all hold unconscious implicit biases about ourselves and others based on our identities. These biases get in the way of recognizing the strengths and values in ourselves and others. Using indigenous stories and perspectives, Canadian First Nations facilitator Kelly Terbasket will explore ways to uncover our implicit biases and live with more curiosity, openness, self-awareness and acceptance.



Kelly Terbasket

Transforming Bias Into Strength

Looking Through the Indigenous Lens WITH Kelly Terbasket

Way' - Hello!

We will get started on the hour.

Please turn on your video
if possible before we begin.

Introduce yourself in chat!

Share your name, your location and the
name of the indigenous people where
you are, if you know.



If you are having any issues with technology, please visit zoom.us/support. If you are still having issues, you can chat with Susan privately through the chat feature, and she will do her best to assist you. She is listed in the drop-down menu in the “to”-line of the chat box, with the name “🔔 Ask Me! | Susan, PYE Global.”



Group Introductions

Gallery view & everyone unmute

1st speaker volunteer (afterwards, call on the next person)

Name, pronouns

Share one strength and one hope (your triangles)

Mime something you love to do outside!

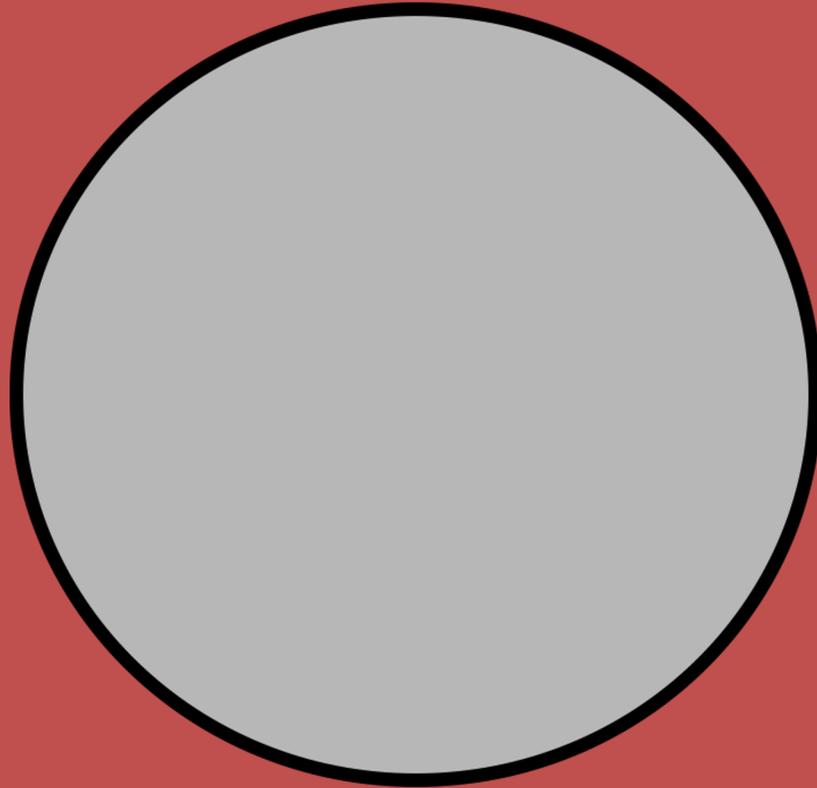
After the 60-second warning, thank each other
and click “Leave Breakout Room.”



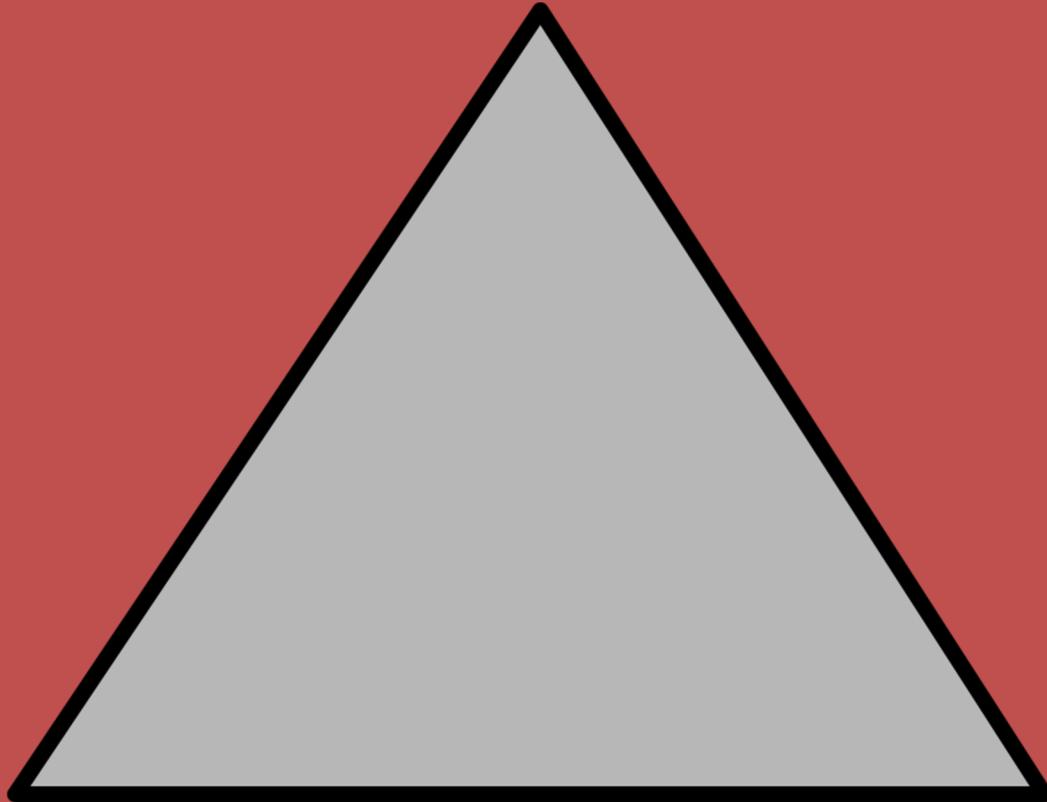
How might this shape be a metaphor for describing our relationships with indigenous people?



How might this shape be a metaphor for describing our relationships with indigenous people?



How might this shape be a metaphor for describing our relationships with indigenous people?



How might this shape be a metaphor for describing our relationships with indigenous people?



GOALS

- To discover ways to uncover our implicit biases
- To learn ways to shift perspectives regarding ourselves and others



Community Agreements

- Hold an open mind
- Be gentle with yourself and others
- Participate in the way that feels right to you



What do you see?

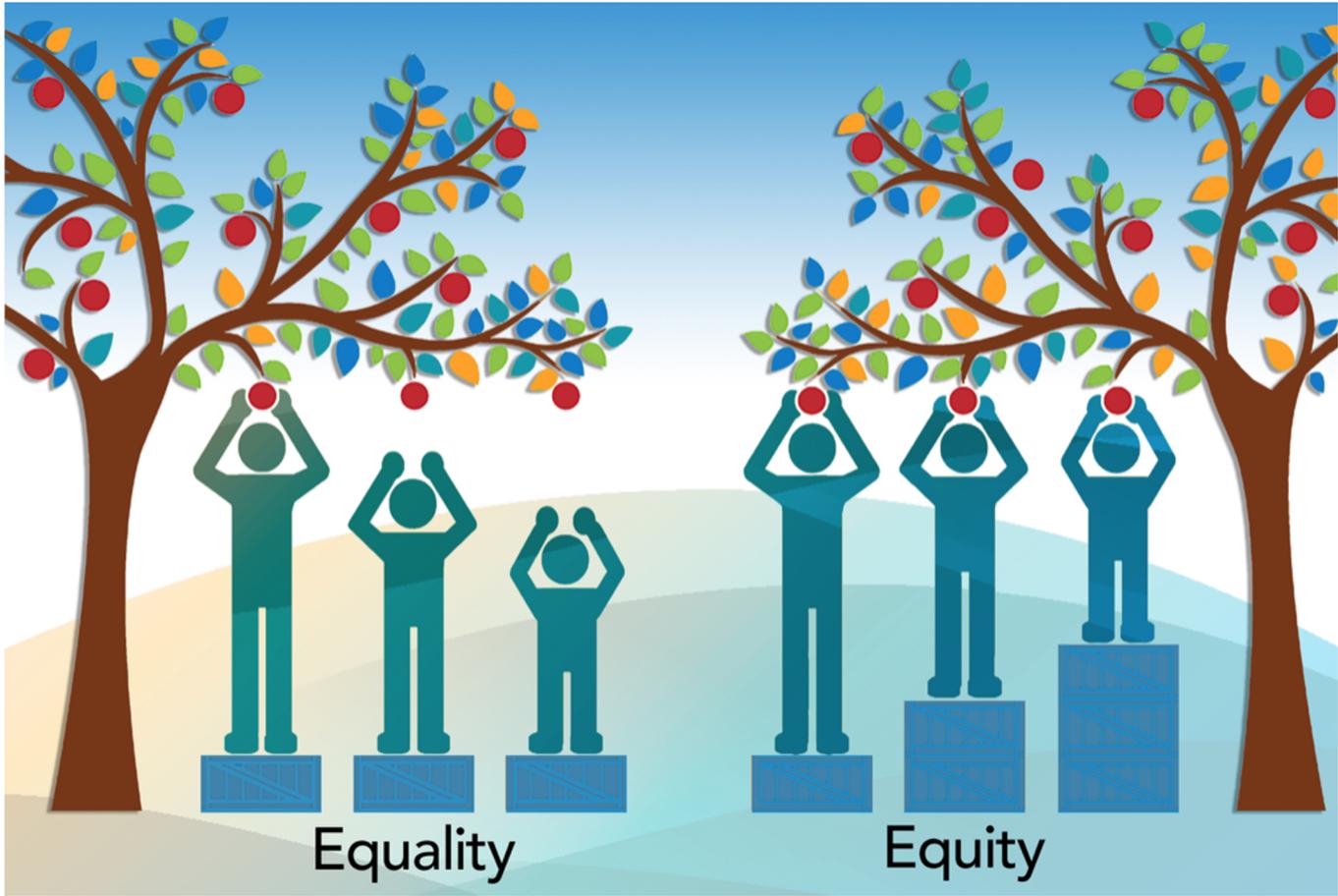


We are not responsible for
what our eyes are seeing.
We are responsible for how
we perceive what our eyes
are seeing.

~ Gabrielle Bernstein



<https://tinybuddha.com/blog/all-about-perception-lens-love-or-fear/>



Equality

Equity

Free Write

Choose a social identity you'd like to explore.

- What limiting beliefs have you been taught about this identity?
- How does this limit your life?
- What would it be like to not have these beliefs?



Story Shares

Gallery view & everyone unmute

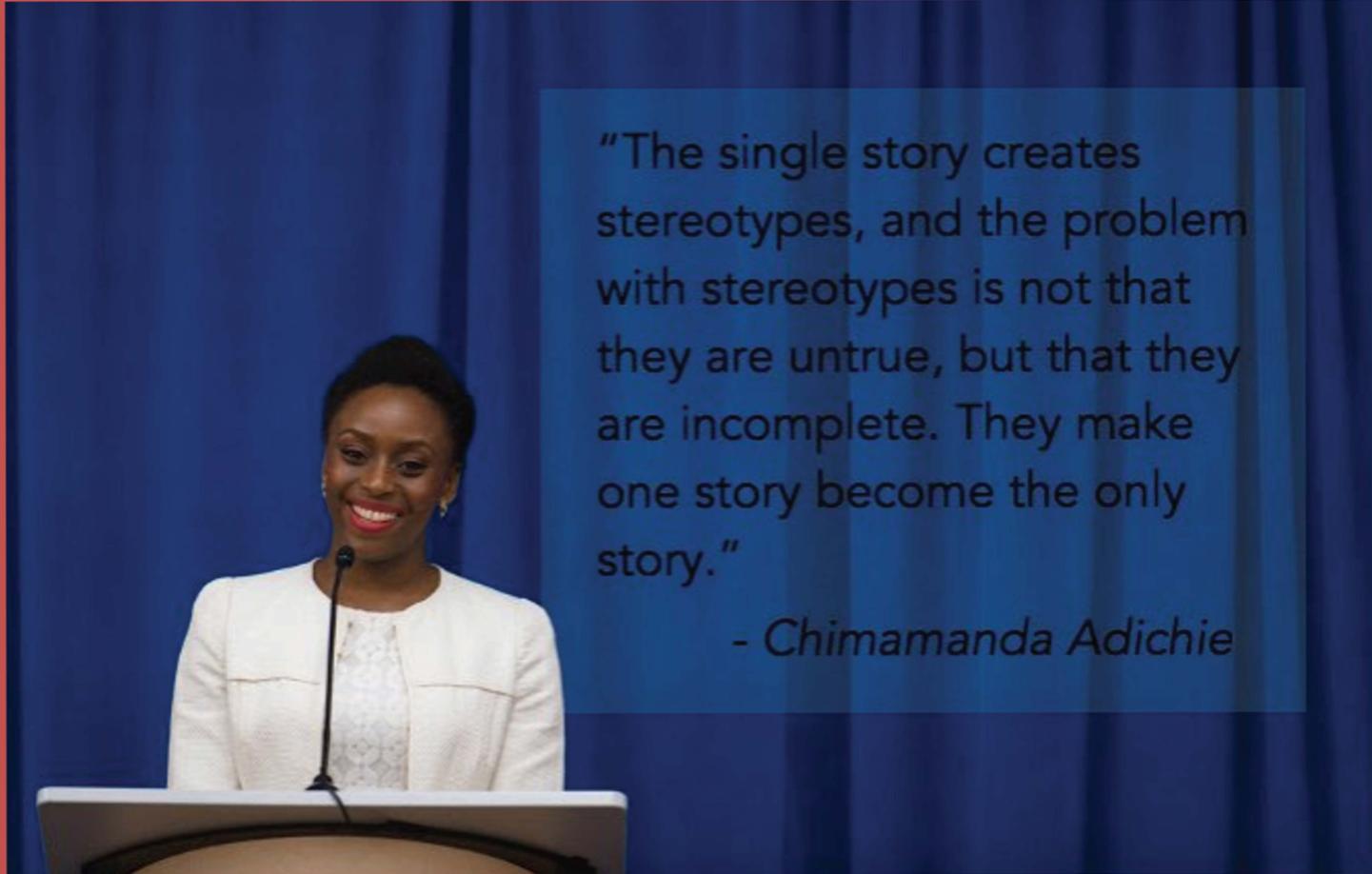
1st speaker volunteer (afterwards, call on the next person)

Each person:

Share a 1-1.5 minute story that explains an internalized narrative present in your life/lineage

When everyone has had a turn, thank your group and click “Leave Breakout Room.”





"The single story creates stereotypes, and the problem with stereotypes is not that they are untrue, but that they are incomplete. They make one story become the only story."

- *Chimamanda Adichie*

Free Write

START WITH:

“Transforming my implicit bias is like.... (your object)”

Use your pen like a paintbrush, allowing your imagination and poetic self to come through. Whatever comes out is perfect.

Start when you hear “go” and continue until you hear “stop.”

Write in any language you prefer - spelling and grammar don't matter :-).



Group Sharing

Gallery view & everyone unmute

1st speaker volunteer (afterwards, call on the next person)

Each person: Read a part of your writing

As a group: Come up with a hashtag

After the 60-second warning, thank each other
and click “Leave Breakout Room.”



Stay connected

Kelly Terbasket:

www.indigeneyez.com



ENGAGE | INSPIRE | MOBILIZE



IndigenEYEZ

How to Lead Engaging and Interactive Online Programs

Build Your Zoom Facilitation Toolkit

Eastern Time Zones: Oct 22-23
Western Time Zones: Nov 13-14



www.partnerstoryouthn.org



PARTNERS FOR YOUTH
EMPOWERMENT

Next Creative Catalyst:

November 11th | Storytelling Games for
Connection & Imagination with Madhu Shukla



Creative Facilitation 1 *online*

WELCOMING PARTICIPANTS FROM THE INDIA STANDARD TIMEZONE AND MORE!

Friday and Saturday, November 20 and 21, 2020

*Times listed are for the **India Standard Timezone***

- Morning Session – **10:00am – 1:00pm**
- Lunch Break – 1:00pm – 2:30pm
- Afternoon Session – **2.30pm – 5.30pm**



6:30am-2:00pm Cape Town | 10:00am-5:30pm Bangalore | 12:30pm-8:00pm Singapore | 1:30pm-9:00pm Tokyo | 3:30pm-11:00pm Sydney

*Use the **Timezone Converter** to see the time in your area.*

PYE Community Forum!

Chat with each other and find past resources from Creative Catalyst workshops here: <https://www.partnersforyouth.org/community/>



 PARTNERS FOR YOUTH EMPOWERMENT

HOME ABOUT TRAINING ENGAGE WITH US FREE TOOLS CONNECT [DONATE](#)

Creative Catalyst Workshop Resources

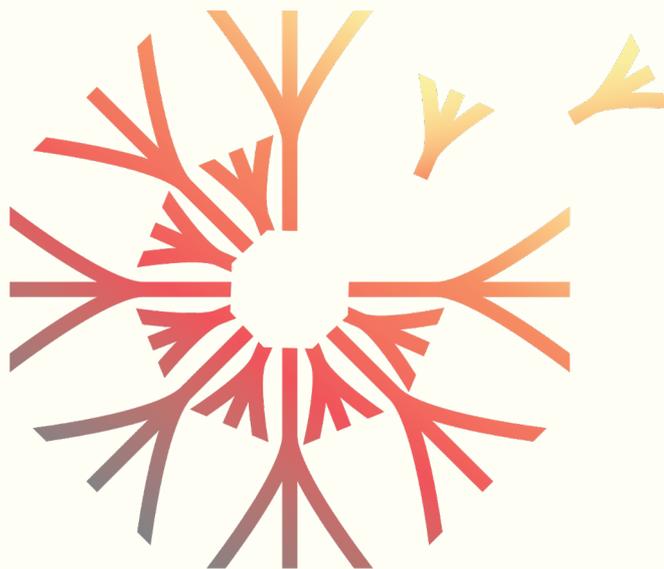
[RSS](#) [Add topic](#)

Page 1 / 2 1 [Next >](#)

Topic Title	Posts	Views	Last Post
 Keys to Finding Calm Learning to Regulate Your Nervous System with Tasha Belix <i>Susan Janow, 2 weeks ago</i>	1	17	By Susan Janow > 2 weeks ago
 Moving into Connection: A Movement Workshop with Silvia Giovannoni and Xoli Fulyani Partners for Youth Empowerment, 4 weeks ago	1	28	By Partners for Youth Empowerment > 4 weeks ago
 The 5 Facilitation Power Tools with Nilisha Mohapatra <i>Susan Janow, 1 month ago</i>	1	62	By Susan Janow > 1 month ago
 Finding Your Truth: Drawing Lines and Emotion workshop with Melanie Schambach <i>Susan Janow, 2 months ago</i>	1	57	By Susan Janow > 2 months ago
 Finding Stories of Courage: Developing Our Resilience through Storytelling with Nilisha Mohapatra <i>Susan Janow, 2 months ago</i>	1	60	By Susan Janow > 2 months ago
 Think Differently, Expanding our Creative Possibilities by Shifting our Habits with Themis Gkion <i>Susan Janow, 2 months ago</i>	1	56	By Susan Janow > 2 months ago
 Befriending Ourselves in Times of Change with Andrew Nalani <i>Susan Janow, 2 months ago</i>	1	58	By Susan Janow > 2 months ago
 Windows on Our World: Connecting Our Global Community through Creative Expression with Alan Wong <i>Susan Janow, 2 months ago</i>	1	56	By Susan Janow > 2 months ago
 Using Visual Facilitation to Reach Your Goals with Christopher Malapitan <i>Susan Janow, 2 months ago</i>	1	68	By Susan Janow > 2 months ago
 Connecting with Nature / Connecting with Ourselves with Marisol Rosa-Shapiro <i>Susan Janow, 2 months ago</i>	1	50	By Susan Janow > 2 months ago

Page 1 / 2 1 [Next >](#)





PARTNERS FOR YOUTH
EMPOWERMENT

THANK YOU