

PARTNERS FOR YOUTH EMPOWERMENT

Transforming Bias Into Strength | Looking through the Indigenous Lens

Creative Catalyst Workshop Series | October 13, 2020 | Kelly Terbasket

Transforming Bias Into Strength

We all hold unconscious implicit biases about ourselves and others based on our identities. These biases get in the way of recognizing the strengths and values in ourselves and others. Using indigenous stories and perspectives, Canadian First Nations facilitator Kelly Terbasket will explore ways to uncover our implicit biases and live with more curiosity, openness, self-awareness and acceptance.



Kelly Terbasket

Transforming Bias Into Strength

Looking Through the Indigenous Lens WITH Kelly Terbasket

Way' - Hello!

We will get started on the hour.

Please turn on your video
if possible before we begin.

Introduce yourself in chat!

Share your name, your location and the name of the indigenous people where you are, if you know.



If you are having any issues with technology, please visit zoom.us/support. If you are still having issues, you can chat with Susan privately through the chat feature, and she will do her best to assist you. She is listed in the drop-down menu in the “to”-line of the chat box, with the name “🔔 Ask Me! | Susan, PYE Global.”



Group Introductions

Gallery view & everyone unmute

1st speaker volunteer (afterwards, call on the next person)

Name, pronouns

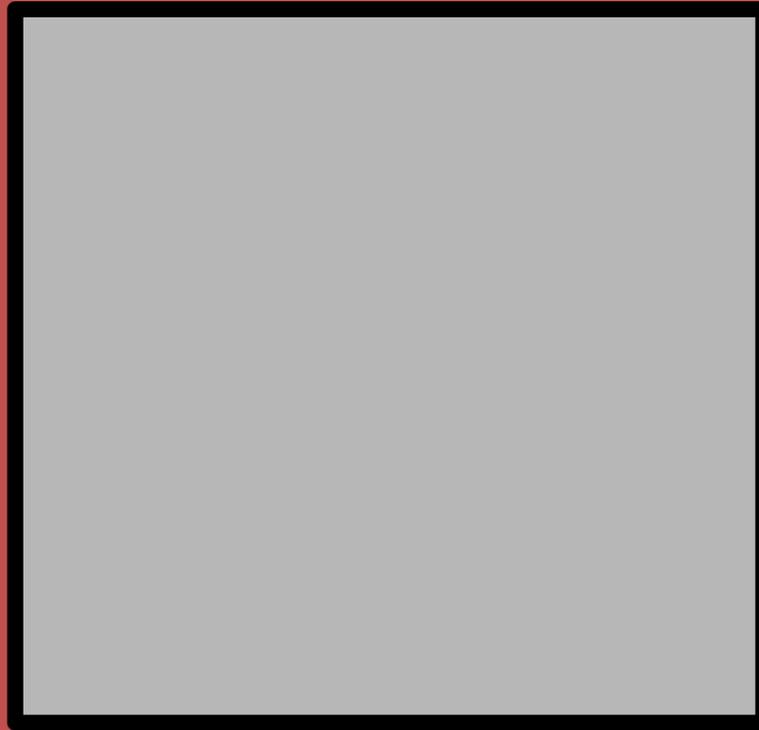
Share one strength and one hope (your triangles)

Mime something you love to do outside!

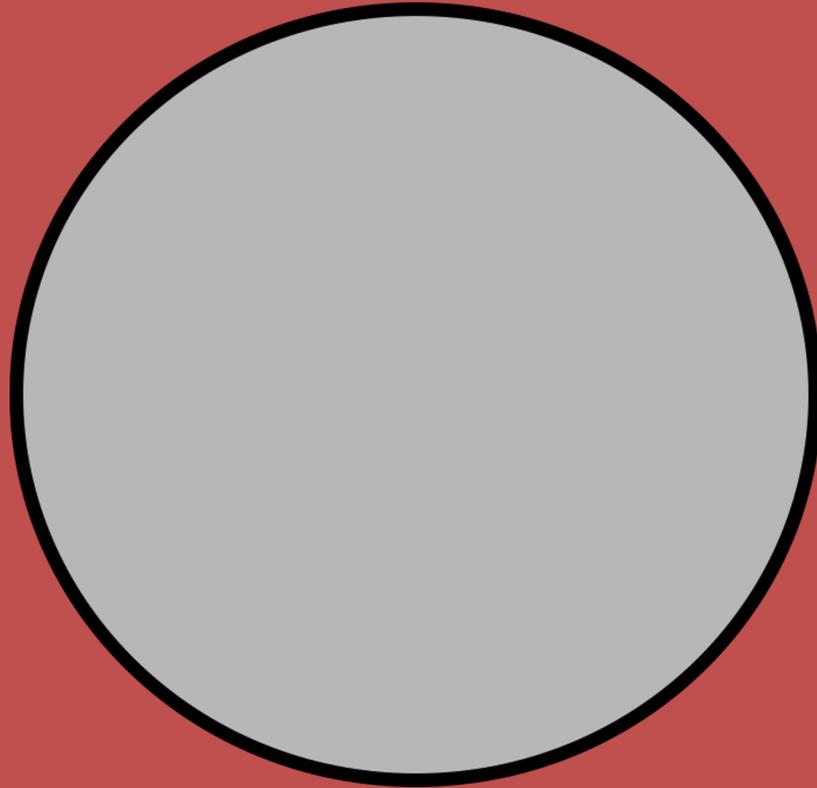
After the 60-second warning, thank each other
and click “Leave Breakout Room.”



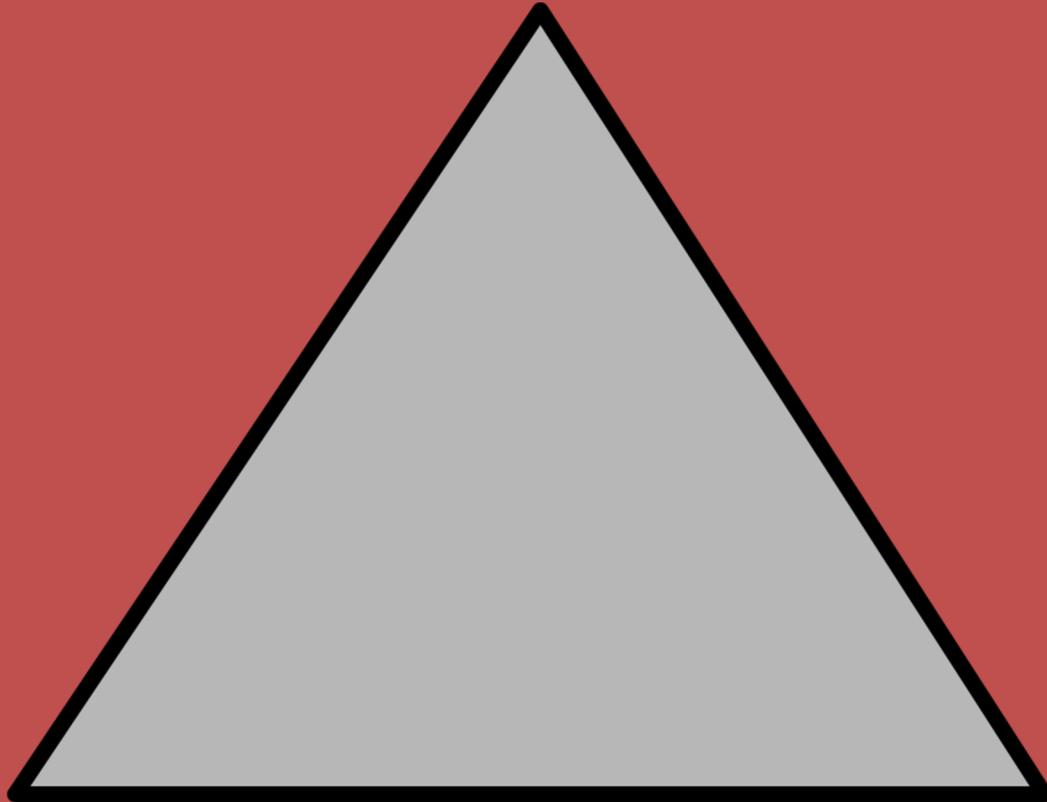
How might this shape be a metaphor for describing our relationships with indigenous people?



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How might this shape be a metaphor for describing our relationships with indigenous people?



GOALS

- To discover ways to uncover our implicit biases
- To learn ways to shift perspectives regarding ourselves and others



Community Agreements

- Hold an open mind
- Be gentle with yourself and others
- Participate in the way that feels right to you



What do you see?

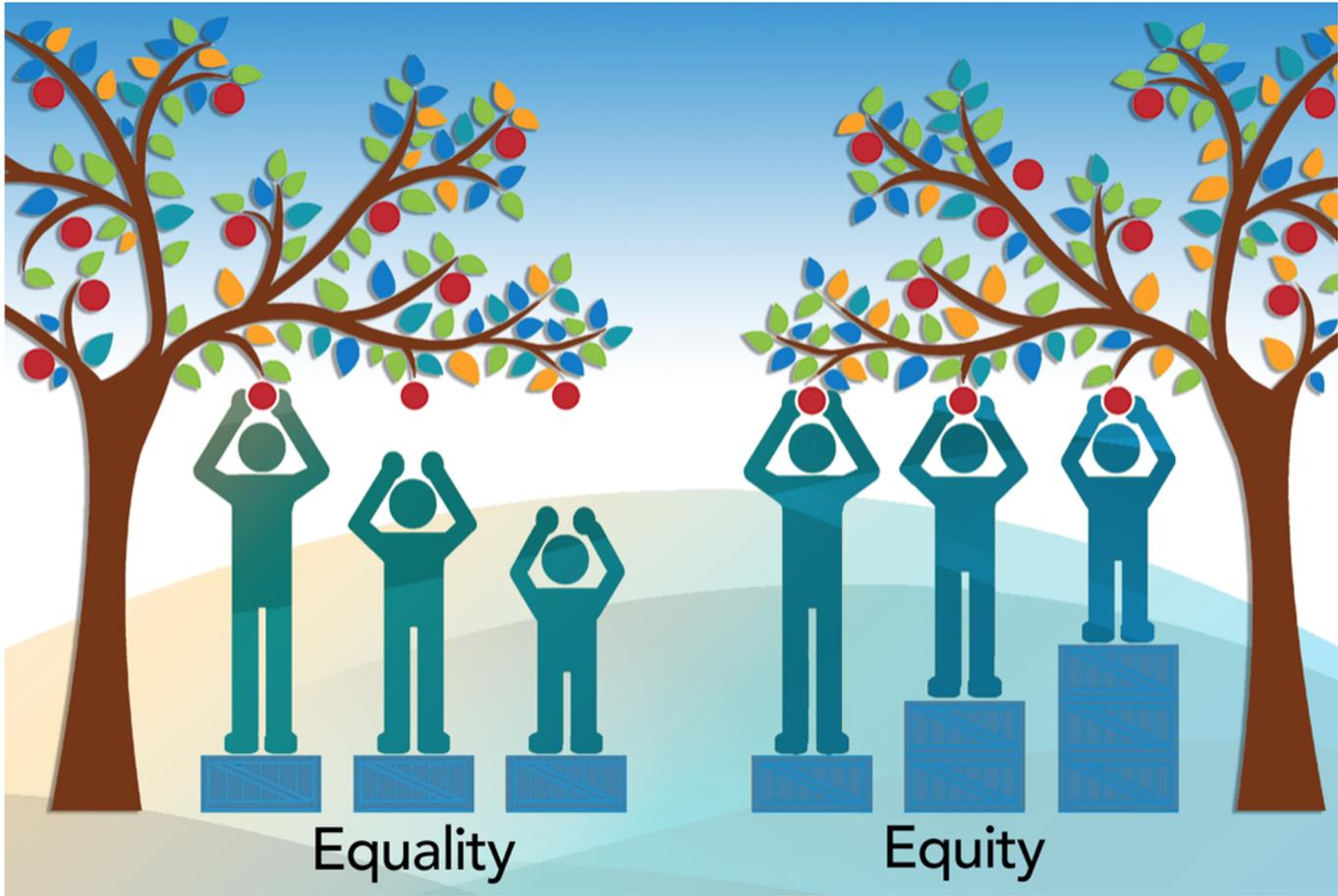


We are not responsible for
what our eyes are seeing.
We are responsible for how
we perceive what our eyes
are seeing.

~ Gabrielle Bernstein



<https://tinybuddha.com/blog/all-about-perception-lens-love-or-fear/>



Equality

Equity

Free Write

Choose a social identity you'd like to explore.

- What limiting beliefs have you been taught about this identity?
- How does this limit your life?
- What would it be like to not have these beliefs?



Story Shares

Gallery view & everyone unmute

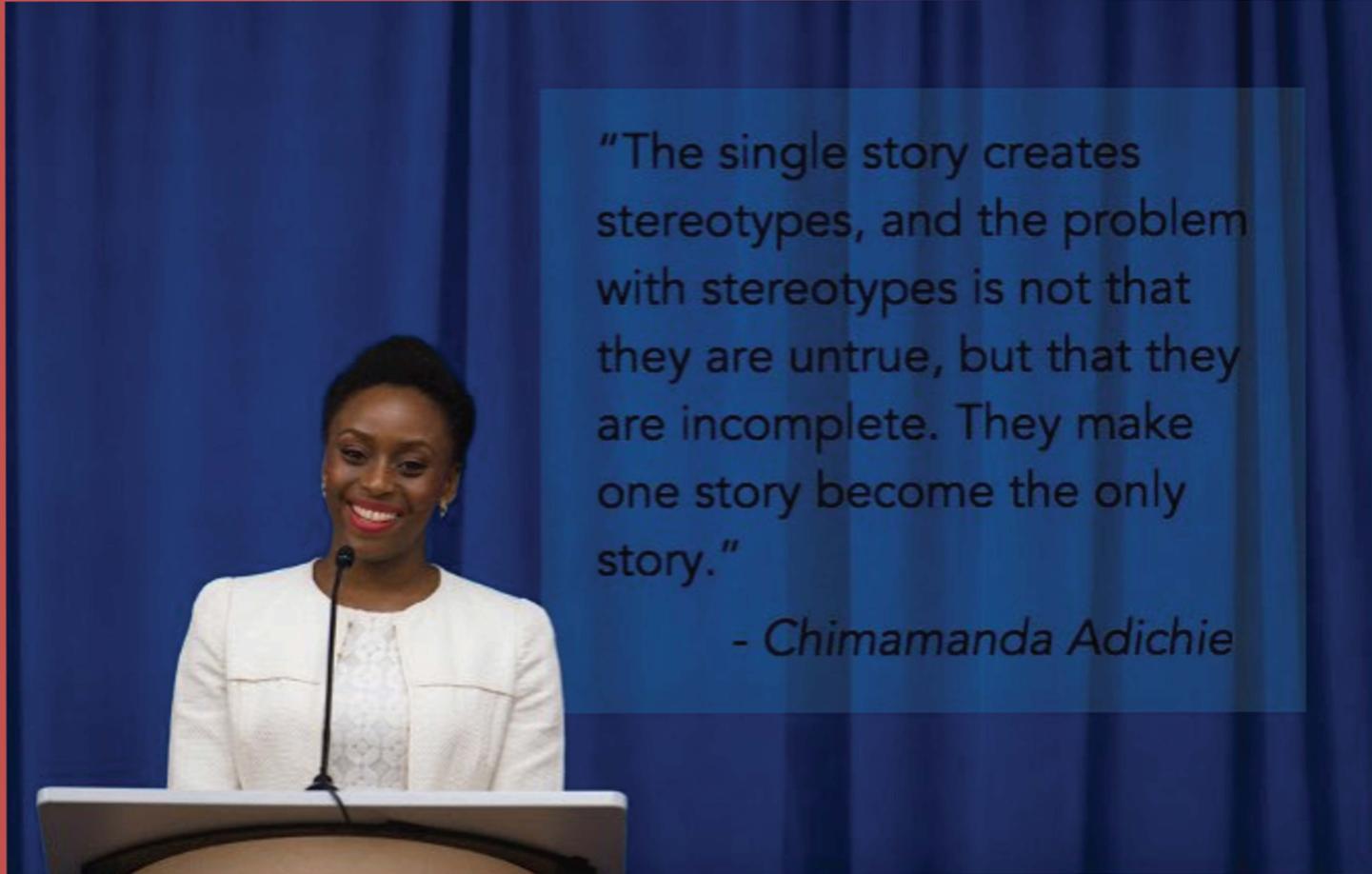
1st speaker volunteer (afterwards, call on the next person)

Each person:

Share a 1-1.5 minute story that explains an internalized narrative present in your life/lineage

When everyone has had a turn, thank your group and click “Leave Breakout Room.”





"The single story creates stereotypes, and the problem with stereotypes is not that they are untrue, but that they are incomplete. They make one story become the only story."

- *Chimamanda Adichie*

Free Write

START WITH:

“Transforming my implicit bias is like.... (your object)”

Use your pen like a paintbrush, allowing your imagination and poetic self to come through. Whatever comes out is perfect.

Start when you hear “go” and continue until you hear “stop.”

Write in any language you prefer - spelling and grammar don't matter :-).



Group Sharing

Gallery view & everyone unmute

1st speaker volunteer (afterwards, call on the next person)

Each person: Read a part of your writing

As a group: Come up with a hashtag

After the 60-second warning, thank each other
and click “Leave Breakout Room.”



Stay connected

Kelly Terbasket:

www.indigeneyez.com



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IndigenEYEZ

How to Lead Engaging and Interactive Online Programs

Build Your Zoom Facilitation Toolkit

Eastern Time Zones: Oct 22-23
Western Time Zones: Nov 13-14



www.partnerstoryouthn.org



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Next Creative Catalyst:

November 11th | Storytelling Games for
Connection & Imagination with Madhu Shukla



Creative Facilitation 1 *online*

WELCOMING PARTICIPANTS FROM THE INDIA STANDARD TIMEZONE AND MORE!

Friday and Saturday, November 20 and 21, 2020

*Times listed are for the **India Standard Timezone***

- Morning Session – **10:00am – 1:00pm**
- Lunch Break – 1:00pm – 2:30pm
- Afternoon Session – **2.30pm – 5.30pm**



6:30am-2:00pm Cape Town | 10:00am-5:30pm Bangalore | 12:30pm-8:00pm Singapore | 1:30pm-9:00pm Tokyo | 3:30pm-11:00pm Sydney

*Use the **Timezone Converter** to see the time in your area.*

PYE Community Forum!

Chat with each other and find past resources from Creative Catalyst workshops here: <https://www.partnersforyouth.org/community/>



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Creative Catalyst Workshop Resources

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Page 1 / 2 1 [Next >](#)

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Page 1 / 2 1 [Next >](#)





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THANK YOU