



PARTNERS FOR YOUTH EMPOWERMENT

Playful Portrait Making

A Creative Catalyst Workshop with Ella Cooper | October 12, 2021



Playful Portrait Making

Let's celebrate each other!

with Ella Cooper

A playful workshop designed to connect and see each other through a fun technique that layers blind contour drawing and vibrant colors to create abstract images of each other.

Welcome!

We will get started on the hour.

Please turn on your video

Have your art supplies ready
and sit somewhere with an interesting backdrop

Introduce yourself in chat!

Share your location and one thing that brought you joy today



If you are having any issues with technology, please visit zoom.us/support. If you are still having issues, you can chat with our support person privately through the chat feature. They are listed in the drop-down menu in the “to”-line of the chat box, with the name “🛎 Ask Me! | Susan, PYE Global.”

Group Introductions

Gallery view & everyone unmute

1st speaker volunteer (afterwards, call on the next person)

- WELCOME the group in whichever language feels most comfortable
- Share your NAME, LOCATION and a FOOD that feels like home
- What are three COLOURS that say something about your personality and why?
- Offer a stretch or a movement and group mirrors it back

After the 60-second warning, finish up, thank each other
and click “Leave Breakout Room.”



GOALS

**1. To see and connect
with each other**

**2. Explore visual arts
through playful
portrait making and
blind contour drawing**



Community Agreements

- Lift each other and yourself up as you draw
- Give your partner your full attention
- Practice curiosity and welcome your surprise creation



Activity Prompts

Round 1

- ◆ Grab something to draw with and something to draw on
- ◆ Pin your partner so that you can see their video big on your screen.
- ◆ Don't look at what you are drawing! Challenge yourself here!
- ◆ Choose an element of your partner's face and follow the lines that you see
- ◆ What you create will not look like them, but don't worry!

Round 2

- ◆ Choose another colour
- ◆ Ask your partner to shift a little in chat
- ◆ You might find inspiration in the background
- ◆ Remember don't look down!

Round 3

- ◆ Choose a new colour
- ◆ Move your body to give a $\frac{3}{4}$ view
- ◆ This time find a detail, a piece of their face
- ◆ Be curious! Let your pen be a witness!

Round 4

- ◆ Choose something to draw with that has a different texture
- ◆ Choose a couple of colours - you might create a palette
- ◆ Look at what you have created as if it's an abstract shape in a colouring book
- ◆ Don't try to make sense of it, just fill in the image and stay curious to what might emerge



FACILITATION TIPS / LEARNINGS

This process came through play! It gives people a chance to see each other through play.

Set the stage and make it a comfortable environment.

Ignite your own creative practice, don't be afraid to practice with others and experience the feeling of flow.



Stay connected



Ella Cooper

www.ellacoopercreates.com

(the links have also been pasted into the chat, and will be sent in a follow-up email)

Next Creative Catalyst:

Nov 9th | Adam Rosendahl - Watering the Seeds of Our Dreams



Upcoming Online Trainings



CREATIVE FACILITATION 2 | NOVEMBER 12-13 & 19-20

FACILITATION, DESIGN & PRACTICE

- **Fridays and Saturdays, November 12-13 and 19-20**
- **9:00am-12:30pm PST** ([click for timezone conversion](#))



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THANK YOU