

### Playful Portrait Making



### Playful Portrait Making Let's celebrate each other!

with Ella Cooper

A playful workshop designed to connect and see each other through a fun technique that layers blind contour drawing and vibrant colors to create abstract images of each other.



If you are having any issues with technology, please visit <u>zoom.us/support</u>. If you are still having issues, you can chat with our support person privately through the chat feature. They are listed in the drop-down menu in the "to"-line of the chat box, with the name " Ask Me! | Susan, PYE Global."

#### Welcome!

We will get started on the hour.

#### Please turn on your video

Have your art supplies ready and sit somewhere with an interesting backdrop

#### Introduce yourself in chat!

Share your location and one thing that brought you joy today



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# **Group Introductions**

Gallery view & everyone unmute

1st speaker volunteer (afterwards, call on the next person)

- WELCOME the group in whichever language feels most comfortable
- Share your NAME, LOCATION and a FOOD that feels like home
- What are three COLOURS that say something about your personality and why?
- Offer a stretch or a movement and group mirrors it back

After the 60-second warning, finish up, thank each other and click "Leave Breakout Room."







### **GOALS**

- 1. To see and connect with each other
- 2. Explore visual arts through playful portrait making and blind contour drawing





# **Community Agreements**

- Lift each other and yourself up as you draw
- Give your partner your full attention

 Practice curiosity and welcome your surprise creation





# **Activity Prompts**

#### Round 1

- Grab something to draw with and something to draw on
- Pin your partner so that you can see their video big on your screen.
- Don't look at what you are drawing! Challenge yourself here!
- Choose an element of your partner's face and follow the lines that you see
- What you create will not look like them, but don't worry!

#### Round 2

- Choose another colour
- Ask your partner to shift a little in chat
- You might find inspiration in the background
- Remember don't look down!

#### Round 3

- Choose a new colour
- Move your body to give a ¾ view
- This time find a detail, a piece of their face
- Be curious! Let your pen be a witness!

#### Round 4

- Choose something to draw with that has a different texture
- Choose a couple of colours you might create a palette
- Look at what you have created as if it's an abstract shape in a colouring book
- Don't try to make sense of it, just fill in the image and stay curious to what might emerge





## FACILITATION TIPS / LEARNINGS

This process came
through play! It gives
people a chance to see
each other through play.

Set the stage and make it a comfortable environment.

Ignite your own creative practice, don't be afraid to practice with others and experience the feeling of flow.





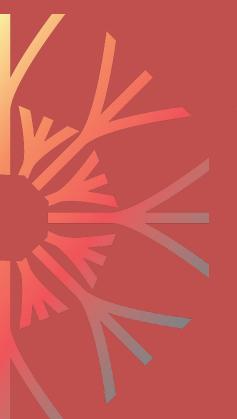
# Stay connected



Ella Cooper www.ellacoopercreates.com

(the links have also been pasted into the chat, and will be sent in a follow-up email)

# **Next Creative Catalyst:**



Nov 9th | Adam Rosendahl - Watering the Seeds of Our Dreams



# **Upcoming Online Trainings**



CREATIVE FACILITATION 2 | NOVEMBER 12-13 & 19-20

#### FACILITATION, DESIGN & PRACTICE

- Fridays and Saturdays, November 12-13 and 19-20
- 9:00am-12:30pm PST (click for timezone conversion)



# **EMPOWERMENT**

### THANK YOU