



PARTNERS FOR YOUTH
EMPOWERMENT

Creative Catalyst Workshop Series

Watering the Seeds of Our Dreams with Adam Rosendahl | November 9, 2021



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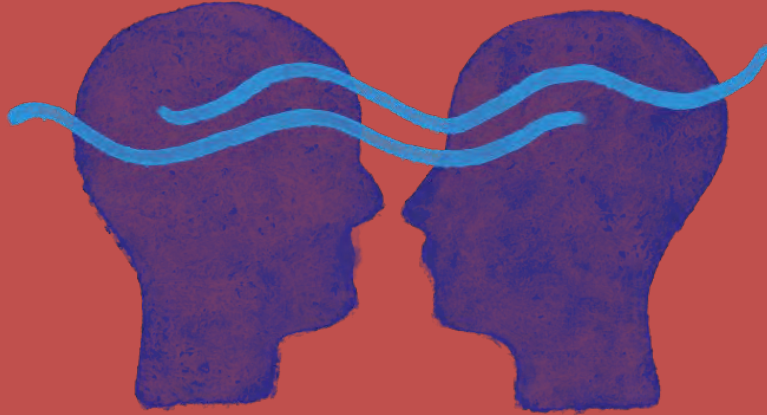
Welcome!

We will get started on the hour.

Please turn on your video
if possible before we begin.

Introduce yourself in chat!

Share your name, your location and one
thing you are celebrating right now



If you are having any issues with technology, please visit zoom.us/support. If you are still having issues, you can chat with our support person privately through the chat feature. They are listed in the drop-down menu in the “to”-line of the chat box, with the name “🔔 Ask Me! | Susan, PYE Global.”

Let's take a breath.

Group Introductions

Gallery view & everyone unmute

1st speaker volunteer (afterwards, call on the next person)

- Grab an object that represents a creative activity or pastime that lights you up.
- Share your NAME, WHERE you're connecting from
- Share a creative pastime you enjoy (with your object)
- Finally, share a creative dream of yours that has not yet been fulfilled (For example, taking guitar lessons)

After the 60-second warning, finish up, thank each other and click "Leave Breakout Room."



WELCOME BACK

In the chat, write one unfulfilled creative dream.



GOALS

1. Increase awareness of our creative longings (the seeds we want to water)
2. Identify a creative dream we want to step into before the end of 2021
3. Have Fun!



Community Agreements

1. Free your little hater
2. Listen from your heart



Natalie Goldberg's Rules of Freewriting

- ◆ *Keep your hand moving*
- ◆ *Don't edit.*
- ◆ *Don't worry about spelling, punctuation, grammar*
- ◆ *Lose control*
- ◆ *Don't think. Don't get logical.*
- ◆ *Go for the jugular.*



Grab your notebook and a pen

- At the top of your page write:
“A creative pursuit I’d like to explore is...”
Now write for 1.5 minutes non-stop.
- Next, write:
“The things that are blocking me right now are...”
Go for another 1.5 minutes.



Storytelling

Gallery view & everyone unmute

Person with shortest hair goes first (afterwards, call on the next person)

- Share your NAME, WHERE you're connecting from
- Share 2 of the creative pursuits you would like to explore, and what has been holding you back

After the 60-second warning, finish up, thank each other and click "Leave Breakout Room."



WELCOME BACK

Using the chat box
share one appreciation you have for
your partners.



Grab your notebook and pen

- At the top of your page write:
“If I really knew I was creative, in the next 2 months I would...”



FACILITATION TIPS / LEARNINGS

Use music, with intention.

Create just enough structure to encourage spontaneity.

Allow opportunities for gratitude and appreciation.



Connecting with Adam



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Next Creative Catalyst:

Dec 14th | Alan Wong - Telling a New Story

<https://partnersforyouth.org/calendar/>





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THANK YOU