



# Creative Catalyst Workshop Series

## Intuitive Play

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Our **intuition** is one of our wisest teachers. As we dream of the world we want to see for our communities, we need ways to **access** and **trust** this inner knowing. **Play** is one of the best ways to not only tap into intuition, but to **delight** in it. Led by Seattle-based facilitator, Reid Kuennen, we celebrate the spectrum of the unseen self through **grounding**, **games** and **general goofiness**.

Here are the **Resources** from today's workshop:

- The workshop outline - **SLIDES**
- **Song list on Spotify** from the workshop as well as a **screenshot** of the songs