

Look Out for Hope: A Creative Writing Workshop

Stef Turner

April 28, 2020

Creative writing has proven benefits for increasing the immune response and developing a more positive attitude. Join London-based community artist Stef Turner in learning methods for bringing creative writing into your own life and work. In this workshop you'll join people around the world currently at home in lockdown by exploring and spreading the word, the feeling, and the idea of hope. Stef will also introduce an approach to facilitated dialogue inspired by Joanna Macy and Chris Johnstone's "Active Hope" cycle. The goals of this workshop are to expand your creativity, explore your inner landscape, and connect with others through creative writing and reflection.

- A [Slide Presentation](#) with Stef's notes from the session.
- A Google doc where you can [Share your Learnings](#) so that we can all learn from each other.
- The very short video that shows 'How to Make a Minibook' ([Click to download](#))
- Stef's music track from the workshop:
 - Be Thankful - Omar feat Erykah Badu
 - We Out Here - Kokoroko
 - Hania Rani - F Major
 - Tokio Myers - Waves (April 27th Live Stream)
 - Pete Josef - Colour

Here is the inspiring quote that Stef shared in the workshop:

"What we need now is to generate hope and to recognise that the agents of history are not so much the leaders and the spokespeople but rather the masses of people who develop a collective imagination regarding the possibility of a new future."

~ Angela Davis, Jan 20, 2020