



Creative Catalyst Workshop Series

Telling a New Story | Setting Intention and Inviting Inspiration

Alan Wong

December 14, 2021

Join PYE trainer Alan Wong for an invigorating and interactive journey of reflection, connection and creative renewal. As we prepare to enter a new year, what new stories do we want to create for ourselves and our communities? And how can we live more fully into our own intentions?

Gather with us in creative community as we explore these questions through the tools of creative writing, storytelling and imaginative play.

At the workshop the participants were invited to explore intention through a playful and creative process. Here are some of the things they took away.

“I am taking with me...”

- Shift of perspective - Cara
- Joyful connection! - Corey
- I am grateful for this space to be imaginative and share with others! - Niko
- I'm taking away hope and love. - Shelley
- I am taking with me more playfulness - Sam
- This community which always opens my heart and pushes my edges - Amber
- I am taking with me the experience of a journey across the globe - Shaiden
- I am taking a hope and a sense of connectedness - Amanda
- Magic of imagination - Natalie
- I am taking with me a lot of inspiration from the other stories and intentions - Véronique
- A welcoming community - Lucy
- I am taking with me a learning about myself and a beautiful way to help others learn too - Syama
- The joy and transformation that comes from connection - Peter
- A new beginning...What a great workshop! Thank you! - Freedom

Workshop Resources

- Link to the [Dixit Cards](#)
- Workshop [Outline/Slides](#)
- Here's the link to the [Spotify playlist](#).